



Au Naturel

April 2008

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Community Events

Schatzi's is hosting our 1st Hair Show Mix & Mingle event on Saturday, April 12, 2008 from 7-10pm. Come with an appetite for great Jamaican food and an open spirit. Tickets are on sale at \$20 per person. **Don't miss this first ever natural hair show for the Raleigh Metro area. We hope to see you there!**

Poetically Correct, our poetry sharing series hosted by Row Lewis of Liberty Fellowship Center will be held on Friday, April 18th at 7pm in our 2nd floor Sharing Room. **Check out Row's website to learn more about her work at: www.libertyfellowshipcenter.org**

The NCCU Jazz Festival is scheduled from Wednesday, April 16th thru Saturday, April 19th. **Check out the NCCU.edu website for more information.**

Hair Show Mix & Mingle Update

We are currently on the final phase of preparation for our 1st Hair Show Mix & Mingle. The stylists and models are all excited for the day!! The evening promises to be a memorable one. We encourage you to buy your tickets prior to the event to assist us with final counts for show day. Tickets are currently on sale at *Schatzi's* (naturally) located at 258 W. Millbrook Rd, Jamaica Paradise Café (Roger's Lane – Raleigh, NC), Cool Runnings Restaurant (Cary, NC) and Jackson's Black Belt Academy (Garner, NC). Check out our current advertisement in the *Independent Weekly* and tell a friend!

The evening program is as follows:

Mellow Jazz Mix & Mingle – 1st and 2nd Floor (7pm)

Interactive Hair Parade – 2nd Floor Seating (8pm)

Live Band/Entertainment with *Real Deep* – 1st Floor (9pm)

Succulent Jamaican cuisine will be available on both floors so please DO NOT eat before you arrive. Otherwise, you'll be sorry you did.

This hair show is a great opportunity to meet the stylists and to ask questions that you may have about natural hair care. If you don't have any hair care concerns, it's also a wonderful opportunity to go out with your friends and family and do something completely different. You won't find another event like this one anywhere in town. We promise you that. Come and see for yourself! In advance, we thank you graciously for your support and would like to extend a heartfelt to our wonderful volunteers without whom this event would not be possible.

This issue of *Au Naturel* is focused squarely on the hair show. I really have been so busy organizing these days that I haven't taken very much time to write otherwise. My apologies. I feel like I'm cheating you all. All the same, I pray that you all come out and enjoy the event because a lot of work is surely going into it. We'll follow up with more inspiring discussion in May. The next section of this newsletter highlights the stylists of *Schatzi's* who are preparing the wonderful hair show styles. These ladies, listed in order of seniority, are beauty personified! This section is then followed by a brief write-up on our poetry sharing series. Until we meet again...

Embrace the Beauty of You.

Contact Us

Schatzi's is located at 258 W. Millbrook Rd., Raleigh, NC 27609. For more information:

Phone: (919) 844-1933

Email: schatzis@clearwire.net

Or visit us at:

www.schatzisdayspa.com

Stylist Focus: Tamioka Vick -Loc-titian &Receptionist



Tamioka Vick is a loctitian who is currently functioning as our receptionist. She has been with the salon since June of 2007. Tamioka became natural in 2003 while attending college here in NC. She chose to wear locks because of their versatility. She has been styling natural hair and experimenting with locked styles for about four years.

Tamioka says: "I love caring for people's locks with good, high quality, natural products as well as products of my own."

Tamioka is a vegan and can often be found at Whole Foods and other area health food stores. She is a certified yoga instructor and is very serious about mental, physical, spiritual and emotional well-being. Her receptionist hours are 12pm-4pm Monday thru Friday.

Stylist Focus: Tonya Barbee - Natural Stylist



Tonya Barbee came to *Schatzi's* in January of 2008. She moved to the Raleigh area, from Washington DC, in July 2007. She's been braiding hair for 24 years and has been styling natural hair professionally since 1990. She apprenticed at Cornrows & Company—the first natural hair salon in the country. She became a licensed barber in 2002.

Tonya says: "I'm licensed to do everything but I enjoy styling and caring for natural hair and extensions the most. My hair is all natural but the individual braids with human hair works best for my lifestyle."

Tonya is a vegetarian who enjoys working out, staying positive and spending quality time with her children. Please note that Tonya travels twice a month to the DC Metropolitan area just because her loyal clients just won't let her go. She's that good!

Stylist Focus: Etheopea Balogun - Loc-titian



Etheopea considers herself a holistic locitian as well as a natural hair stylist. She has been locked since the age of 4. While a native New Yorker, she currently calls Raleigh home. It is here in the plains of NC that she discovered her passion for hair care. She has been a locitian for 5 years. She is scheduled to receive her cosmetology license from the NC State Board later this year.

Etheopea says: "I love my clients and enjoy giving them styles that help them embrace their own natural beauty."

Etheopea is also a vegetarian who has a warm spirit and a gentle nature. She has the height, grace and countenance of a model so you can't miss her in a busy room. Etheopea joined *Schatzi's* in March 2008.

Stylist Focus: Martina Jackson - Braider



Martina Jackson is the baby in our family. Some would lovingly call her our "wild child." ☺ It is hard to tell what color and style Martina is going to come into the salon with from day to day! She likes to keep us guessing by adding "spice and flavor."

According to Martina: 'Young people like color. We like to be different and to make a statement.' I say, "more power to you."

All the same, I can't wait until Martina's hair is all natural because I've got some wonderful ideas to bring out her natural beauty, though unfortunately, they're colorless. Maybe she'll let me try them out on her...if they're not too "old" and "boring" for her. ☺

Martina has been styling natural hair for about 8 years. She does micros, box braids, cornrows, kinky twist, locks (with updos), flat twists and other twisted styles. She enjoys working with young clients and is very up-to-date with creative cornrow designs.

P.S. As many of you know, Ms. Shaundrelle Todd has now transitioned into her new role as business entrepreneur! She is currently a registered Pampered Chef representative and has started her own raw food catering business called Eat to Live with Something Knew. To contact her, phone (919) 269-4733 or email shaundrelle@getrichwoman.com. Her food is "off the chain" so check her out! Be sure to try the carrot tuna. She caters specifically to vegetarians. Of course, meat eaters can always benefit from more vegetables in their diet, so it's all good! Shaundrelle's developing quite a following so you may want to get on her specialized catering list soon. Her options certainly beat the regular fast food options on hand. Shaundrelle, You Rock!

Poetically Speaking

Last month's session of Poetically Correct was truly enjoyable with old and new participants alike. Row Lewis hosted the event and came well armed with a bongo drum in tow! (Row is a minister/counselor, a motivational speaker, a poet, a singer, a writer, a musician and for me—a dear friend.) We all communed with the spirit of poetic expression, enjoying entertaining moments and thought-provoking conversation. Please feel free to join us at your convenience. Our format is very informal—a truth which most participants find to be a plus. In the spirit of sharing, I've included a prose piece that I read last month, though I wrote it some time ago...perhaps another lifetime.

A Song by Schatzi H. McCarthy

If the eyes are the windows to the soul, then you are fully exposed and I am yours for eternity. My soul has beckoned you in the deepest recesses of my mind and now, I invite you to play in the garden of Eden with me. The forbidden fruit is gone. I have already seen your power and it is awe-inspiring. I will look on with full knowledge and feel no shame. For you define beauty and virility. The only fruit that remains is the one that we will create together, in harmony, in serenity, in--finitely. With passion, let us consume the gifts of our Garden and be filled again and again. Your rich and bountiful mouth represents the blessing of night. I will caress the darkness and have no fear. For the fullness and roundness of your lips arouse thoughts of the romantic moon, inviting me to be taken inside the warmth and generosity of your embrace—my refuge and home.